

Spiritual Detox

Dave Folkerts 11/17/2024

2 Timothy 2:14-15 Keep reminding God's people of these things. Warn them before God against quarreling about words; it is of no value, and only ruins those who listen. 15 Do your best to present yourself to God as one approved, a worker who does not need to be ashamed and who correctly handles the word of truth.

- 1.) Detox from wrong doctrine/priorities and live God's Word
- Correctly handling God's Word
- Read it in context
- Understand the meaning (and what it is not saying)
- Apply it to your life

James 1:22-25 Do not merely listen to the word, and so deceive yourselves. Do what it says. Anyone who listens to the word but does not do what it says is like someone who looks at his face in a mirror and, after looking at himself, goes away and immediately forgets what he looks like. But whoever looks intently into the perfect law that gives freedom, and continues in it—not forgetting what they have heard, but doing it—they will be blessed in what they do.

2 Timothy 2:16-18 Avoid godless chatter, because those who indulge in it will become more and more ungodly. 17 Their teaching will spread like gangrene. Among them are Hymenaeus (highmen-ee-us) and Philetus (fy-lee-tus), 18 who have departed from the truth. They say that the resurrection has already taken place, and they destroy the faith of some.

2 John 1:10-11 If anyone comes to you and does not bring this teaching, do not take them into your house or welcome them. Anyone who welcomes them shares in their wicked work.

• 2.) Detox from bad influencers and build godly relationships

1 Corinthians 5:9-11 I wrote to you in my letter not to associate with sexually immoral people— not at all meaning the people of this world who are immoral, or the greedy and swindlers, or idolaters. In that case you would have to leave this world. But now I am writing to you that you must not associate with anyone who claims to be a brother or sister but is sexually immoral or greedy, an idolater or slanderer, a drunkard or swindler. Do not even eat with such people.

2 Timothy 2:19-21 Nevertheless, God's solid foundation stands firm, sealed with this inscription: "The Lord knows those who are his," and, "Everyone who confesses the name of the Lord must

turn away from wickedness." **20** In a large house there are articles not only of gold and silver, but also of wood and clay; some are for special purposes and some for common use. **21** Those who <u>cleanse themselves</u> from the latter will be instruments for special purposes, <u>made holy</u>, useful to the Master and prepared to do any good work.

Ephesians 2:8-10 For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God— not by works, so that no one can boast. For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

1 Corinthians 3:12-15 If anyone builds on this foundation using gold, silver, precious stones, wood, hay, or straw, his workmanship will be evident, because the Day will bring it to light. It will be revealed with fire, and the fire will prove the quality of each man's work. If what he has built survives, he will receive a reward. If it is burned up, he will suffer loss. He himself will be saved, but only as one being snatched from the fire.

• 3.) Detox from selfish motives and humbly serve God

2 Timothy 2:22-26 Flee the evil desires of youth and pursue righteousness, faith, love and peace, along with those who call on the Lord out of a pure heart. 23 Don't have anything to do with foolish and stupid arguments, because you know they produce quarrels. 24 And the Lord's servant must not be quarrelsome but must be kind to everyone, able to teach, not resentful. 25 Opponents must be gently instructed, in the hope that God will grant them repentance leading them to a knowledge of the truth, 26 and that they will come to their senses and escape from the trap of the devil, who has taken them captive to do his will.

• 4.) Detox from evil and pursue The Lord

James 4:7-8 Submit yourselves, then, to God. Resist the devil, and he will flee from you. <u>Come near to God and He will come near to you</u>. Wash your hands, you sinners, and purify your hearts, you double-minded.

Romans 2:4 Or do you show contempt for the riches of His kindness, forbearance and patience, not realizing that <u>God's kindness is intended to lead you to repentance</u>?

- How do we spiritually detox?
- Repent of sin and seek the Lord and His kingdom
- Remove bad influences (media, people, environments, thoughts)
- Live in forgiveness and grace
- Call **321.574.6970** if you have chosen to accept Jesus as your Lord and Savior.

All Bible references are from the New International Version (NIV) unless otherwise noted. NLT = New Living Translation.