



CALVARY CHAPEL

The Source of Our Praise

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***Psalm 145:17-19** The Lord is righteous in all His ways and faithful in all He does. **18** The Lord is near to all who call on Him, to all who call on Him in truth. **19** He fulfills the desires of those who fear Him; He hears their cry and saves them.*

***Judges 5:1-31** On that day Deborah and Barak son of Abinoam sang this song: **2** “When the princes in Israel take the lead, when the people willingly offer themselves— praise the Lord! **3** “Hear this, you kings! Listen, you rulers! I, even I, will sing to[a] the Lord; I will praise the Lord, the God of Israel, in song. **4** “When you, Lord, went out from Seir, when you marched from the land of Edom, the earth shook, the heavens poured, the clouds poured down water. **5** The mountains quaked before the Lord, the One of Sinai, before the Lord, the God of Israel. **6** “In the days of Shamgar son of Anath, in the days of Jael, the highways were abandoned; travelers took to winding paths. **7** Villagers in Israel would not fight; they held back until I, Deborah, arose, until I arose, a mother in Israel. **8** God chose new leaders when war came to the city gates, but not a shield or spear was seen among forty thousand in Israel. **9** My heart is with Israel’s princes, with the willing volunteers among the people. Praise the Lord! **10** “You who ride on white donkeys, sitting on your saddle blankets, and you who walk along the road, consider **11** the voice of the singers[b] at the watering places. They recite the victories of the Lord, the victories of his villagers in Israel. “Then the people of the Lord went down to the city gates. **12** ‘Wake up, wake up, Deborah! Wake up, wake up, break out in song! Arise, Barak! Take captive your captives, son of Abinoam.’ **13** “The remnant of the nobles came down; the people of the Lord came down to me against the mighty. **14** Some came from Ephraim, whose roots were in Amalek; Benjamin was with the people who followed you. From Makir captains came down, from Zebulun those who bear a commander’s[c] staff. **15** The princes of Issachar were with Deborah; yes, Issachar was with Barak, sent under his command into the valley. In the districts of Reuben there was much searching of heart. **16** Why did you stay among the sheep pens[d] to hear the whistling for the flocks? In the districts of Reuben there was much searching of heart. **17** Gilead stayed beyond the Jordan. And Dan, why did he linger by the ships? Asher remained on the coast and stayed in his coves. **18** The people of Zebulun risked their very lives; so did Naphtali on the terraced fields. **19** “Kings came, they fought, the kings of Canaan fought. At Taanach, by the waters of Megiddo, they took no plunder of silver. **20** From the heavens the stars fought, from their courses they fought against Sisera. **21** The river Kishon swept them away, the age-old river, the river Kishon. March on, my soul; be strong! **22** Then thundered the horses’ hooves— galloping, galloping go his mighty steeds. **23** ‘Curse Meroz,’ said the angel of the Lord. ‘Curse its people bitterly, because they did not come to help the Lord, to help the Lord against the mighty.’ **24** “Most blessed of women be Jael, the wife of Heber the Kenite, most*

blessed of tent-dwelling women. **25** He asked for water, and she gave him milk; in a bowl fit for nobles she brought him curdled milk. **26** Her hand reached for the tent peg, her right hand for the workman's hammer. She struck Sisera, she crushed his head, she shattered and pierced his temple. **27** At her feet he sank, he fell; there he lay. At her feet he sank, he fell; where he sank, there he fell—dead. **28** "Through the window peered Sisera's mother; behind the lattice she cried out, 'Why is his chariot so long in coming? Why is the clatter of his chariots delayed?' **29** The wisest of her ladies answer her; indeed, she keeps saying to herself, **30** 'Are they not finding and dividing the spoils: a woman or two for each man, colorful garments as plunder for Sisera, colorful garments embroidered, highly embroidered garments for my neck— all this as plunder?' **31** "So may all your enemies perish, Lord! But may all who love you be like the sun when it rises in its strength." Then the land had peace forty years.

- Call or text **YES** to 321.574.6970 if you have chosen to accept Jesus as your Lord and Savior.

All Bible references are from the New International Version (NIV) unless otherwise noted. NLT = New Living Translation.