



CALVARY CHAPEL

Rest is a Blessing

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***Colossians 2:16-17** Therefore do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day. **17** These are a shadow of the things that were to come; the reality, however, is found in Christ.*

***Romans 14:4-6** Who are you to judge someone else's servant? To their own master, servants stand or fall. And they will stand, for the Lord is able to make them stand. **5** One person considers one day more sacred than another; another considers every day alike. Each of them should be fully convinced in their own mind. **6** Whoever regards one day as special does so to the Lord.*

***Galatians 2:16** know that a person is not justified by the works of the law, but by faith in Jesus Christ. So we, too, have put our faith in Christ Jesus that we may be justified by faith in Christ and not by the works of the law, because by the works of the law no one will be justified.*

- A day of rest is a blessing to our soul.

***Psalms 46:10** He says, "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."*

- Were the Children of Israel less valuable to God on the Sabbath day because they weren't "doing"?

***Matthew 3:16-17** As soon as Jesus was baptized, he went up out of the water. At that moment heaven was opened, and he saw the Spirit of God descending like a dove and alighting on him. **17** And a voice from heaven said, "This is my Son, whom I love; with him I am well pleased."*

- Call **321.574.6970** if you have chosen to accept Jesus as your Lord and Savior.

All Bible references are from the New International Version (NIV) unless otherwise noted. NLT = New Living Translation.